



“Raising Yorkshire Puddings”

Parent Support Group

About Us:

The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email: mhstparentsupport@bdct.onmicrosoft.com

Next Parents Support Group details: Tuesday 13th December 2022
Topic: “Supporting your child: Anger and Frustration”

BRADFORD AND CRAVEN
trailblazer **NHS**

Raising Yorkshire Puddings

Parent Support Group


 Tuesday
13th Dec


 10:30am
or 7:30pm


 Zoom
Email the address
below for the link

**THIS MONTHS TOPIC:
SUPPORTING YOUR CHILD: ANGER AND
FRUSTRATION**



This month we will be looking at supporting your child with the emotions of anger and frustration. Along with strategies and practical solutions that will support you.

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