

BEAUTY - STUDY PROGRAMME

HAIR & BEAUTY LEVEL 1 • BEAUTY THERAPY LEVEL 2

Thank you for applying for a place to study at Craven College in September 2020. To give you a head start, our tutors have created a list of resources and activities to help you prepare for your course.

READING MATERIALS (BOOKS, MAGAZINES AND NEWSLETTERS)

LEVEL 1

Hairdressers Journal International
Professional Beauty
Capital Hair and Beauty

LEVEL 2

Professional Beauty Magazine
PBL Magazine
City & Guilds Textbook Level 2 Beauty Therapy for Technical Certificate
City & Guilds Textbook Level 2 NVQ Diploma in Beauty Therapy

SOCIAL MEDIA ACCOUNTS TO FOLLOW

LEVEL 1

Instagram - Lee Stafford, Estetica, Free salon 1 education, Matrix, Chris McMillan, Adir Abergel and Harry Josh
Twitter - Rush, Total Beauty, Matrix.
YouTube - Wella, Patrick Cameron and Toni and Guy.

LEVEL 2

Facebook - Beauty Therapist Network and Beauty Therapist Help & Advice
Instagram - Craven College Beauty Therapy, MAC cosmetics, Charlotte Tilbury, Dermalogica, Eve Taylor London, Spas at Sea

WEBSITES

LEVEL 1

www.professionalbeauty.co.uk

The following will all have their own web sites

Wella

Matrix

Toni and Guy

Nicky Clarke

LEVEL 2

Worldskills

Professional Beauty UK

Habia.org

Thinktree Hub

National Careers Service

WORK EXPERIENCE

LEVEL 1

Your course requires you to complete work related work experience. This means that you will come into college (outside of your timetabled hours) and carry out a variety of tasks which may include;

- Helping on reception
- Putting stock away
- Helping the technician and receptionist
- Infilling into addition sessions either hair or beauty.

However, you can carry out work experience in a salon if you prefer. You will choose the salon yourself and please make sure that it is a salon you will feel comfortable with. You also need to ensure that you can travel easily between home and the salon. You will be given a letter at enrolment to take into the salon to help you. In the meantime please go ahead and start researching salons in your local area and approach them.

ACTIVITY - PLEASE COMPLETE THIS BY FRIDAY 26 JUNE

LEVEL 1

I would like you to research how to carry out a long straight blow dry with volume at the roots using some of the links detailed above.

Then answer the following

- Which web site did you use for your research?
- What styling and finishing products did the stylist use.
- What tools did the stylist use?
- Write out a step by step procedure as to how the blow dry was carried out.

Finally, if your hair is long enough, or you are living with someone who has longer hair, carry out the blow dry and take photographs.

- Explain what went well and what you need to practice.

APPLICANTS

Please complete this activity by **Friday 26 June** where you will present the results of the activity at our Future Student Morning.

The Future Student Morning will be delivered as a virtual event where your course area tutor will give you an online webinar, you will shortly receive an email with a link to sign up for this event.

If you have applied for a course starting September 2020, it is essential for you to sign up for this event as you will receive information about your course, enrolment and key dates.

Further details can be found at www.craven-college.ac.uk/events.

If you can't attend the event, please email marketing@craven-college.ac.uk with your name and the subject area you have chosen to study and we will arrange for your tutor to contact you.

Finally, don't forget to join the Hair, Beauty & Nails Department Facebook Group to keep up to date with everything related to your course:

<https://www.facebook.com/groups/653132678579533/>

LEVEL 2

Buffed Nails and Beauty -

Chill Out Zone - Keighley

Vanilla - Padiham

Therapy Rooms Bingley

Sitting Pretty- Skipton

Beauty by Laura - Skipton

Dawn Alderson & Co - Skipton

LEVEL 2

Theory based task- Research the websites listed to find out how they can help you on your journey to becoming a beauty therapist

Practical task - Research eye makeup and complete an evening eyeshadow look, provide photographs of your work