



## Counselling Skills Level 3 Diploma

If you are interested in learning to listen and find people fascinating, this could be the course for you. For September 2020 enrolments call 01756 693 309.

Duration: 1 Year

Course Code: ESPX0031

### Overview

'One of the factors that make Counselling special is the quality of helper listening, which is developed as a result of training. This listening involves attending to what the client means to say, as well as what [they] are saying.' (Hough, 2014: 14)

The Counselling Skills Diploma is the gateway to Counselling Training. During the course, we will look at how listening is the key to everything we do as humans. You will be able to develop your use of many other counselling skills and work with your peers to use these. The course will take you through a brief history of the development of counselling theories and their implications on modern practice. We will also spend time discovering ourselves.

This is a very interesting and stimulating course, it is challenging in terms of personal development work. The course is either pass or refer, to pass you have to demonstrate competency of all the units.

# Modules

There are five mandatory units that are covered throughout the course

- Counselling Skills
- Counselling Theory
- Working Ethically
- Diversity
- Personal Development

# Entry Requirements

- A good level of written and spoken English
- You must be over 18 to apply for this course, however, it is better suited to students who have life experience to draw on
- You need to have an interview with the course leaders to make sure that you understand the complexities of working with your own psychological development

# Career Progression

Once qualified jobs can be found in a variety of situations, within Holistic Practices, NHS, Schools and Colleges, Counselling in specialist fields as well as your own private practice.

# Academic Progression

You can progress on to the ABC Level 4 Diploma in Therapeutic Counselling (Skipton and Leeds). This then allows you to practice as a Counsellor. If you hold a first degree you can progress to University and undertake a PGCE Dip in Therapeutic Counselling (Leeds, Preston, Salford and York). This also gives you the right to practice as a Counsellor. All of these courses are two-year part-time courses. From here you can progress to Degrees in Counselling.

If you don't hold a first degree but want to follow a University route, then you would progress to a two-year part-time Level 4 Diploma in Counselling Skills, then on to the HE Dip in Therapeutic Counselling. (total four years part-time attendance then qualify).

# Equipment Info

Please note that on the Saturdays you will need to bring your own dinner, snacks and cup. Tea, coffee and milk will be provided by the course facilitators.

For the evening sessions please bring your own cup. There will be access to machines for snacks and cold drinks so bring change.